



# Cody's House Youth Centre - A Safe Place For Youth

## Simcoe County - Community Services for Youth

The following information was provided through simcoecountycoalition.ca website, courtesy of detailed search of the Child & Youth Services Coalition Mini Directories with a focus on Emotional/Mental Distress / General counselling / Social, Emotional / Behavioural Issues. For a more extensive search or more information about services available to you, please speak to your family physician or visit <https://simcoebeststart.cioc.ca/>. This resource list is for information only and does not constitute an endorsement of Cody's House or guarantee any particular outcome.

Organization / Program Name(s)	Located In	Office Phone	TTY Phone	Crisis Phone	Website	Hours
Barrie Native Friendship Centre, Aboriginal Family Support Program	Barrie	705-721-7689			<a href="http://www.barriefc.ca/programs/aboriginal-healthy-babies-healthy-children/">www.barriefc.ca/programs/aboriginal-healthy-babies-healthy-children/</a>	Office: Mon-Fri 9 am-5 pm
Barrie Native Friendship Centre, Akwe:go Program	Barrie	705-721-7689			<a href="https://www.barriefc.ca/">https://www.barriefc.ca/</a>	Office: Mon-Fri 9 am-5 pm
Barrie Native Friendship Centre, Wasa-Nabin Program	Barrie	705-721-7689 Ext 243			<a href="https://www.barriefc.ca/">https://www.barriefc.ca/</a>	Office: Mon-Fri 9 am-5 pm
Beausoleil Family Health Centre, Christian Island Addiction and Mental Health Program	Christian Island	705-247-2439			<a href="http://www.chimnissing.ca">www.chimnissing.ca</a>	Mon-Thu 8:30 am-4:30 pm, Fri 8:30 am-12 noon
Binczak Psychotherapy Services, Barrie	Barrie	705-717-1625			<a href="http://www.infiniteminds.ca">www.infiniteminds.ca</a>	Evening appointments available * call or email for information
Camp Kirk	Kirkfield	September to June: 416-782-3310 June to August: 705-438-1353			<a href="http://www.campkirk.com">www.campkirk.com</a>	Hours not specified
Canadian Mental Health Association Grey Bruce, Mental Health and Addiction Services, Owen Sound - 509 9th Ave E, G&B House	Owen Sound	519-376-9495			<a href="http://www.gandbhouse.ca">www.gandbhouse.ca</a>	Office: Mon-Fri 8:30 am-4:30 pm * Program/house: Mon-Sun 24 hours
Canadian Mental Health Association, Simcoe County Branch, Barrie - 128 Anne St S	Barrie	705-726-5033			<a href="http://www.cmhastartalking.ca">www.cmhastartalking.ca</a>	Mon-Fri 9 am-5 pm
Canadian Mental Health Association, Simcoe County Branch, Barrie - 134 Anne St S, Early Psychosis Intervention	Barrie	705-726-5033		Mon-Sun 24 hours 705-728-5044 * toll free 1-888-893-8333 (TTY services available)	<a href="http://www.cmhastartalking.ca">www.cmhastartalking.ca</a>	Mon-Fri 9 am-5 pm
Canadian Mental Health Association, Simcoe County Branch, Barrie - 134 Anne St S, Mood Disorders Self Help Group	Barrie	705-726-5033			<a href="http://www.cmhastartalking.ca">www.cmhastartalking.ca</a>	Meets first two or third Monday at 6:30 pm at Canadian Mental Health Association
Canadian Mental Health Association, Simcoe County Branch, Barrie - 134 Anne St S, Youth Services	Barrie	705-726-5033		Crisis Services available 24 hours a day 7 days a week by calling 705-728-5044 or toll free 1-888-893-8333 (TTY services available)	<a href="http://www.cmhastartalking.ca">www.cmhastartalking.ca</a>	Office: Mon-Fri 9 am-5 pm Walk in Service: Mon 1pm-4 pm Peer Support daily 4 pm-5pm Parent and Caregiver Support: fourth Mon of every month 6 pm-7:30 pm
Canadian Mental Health Association, Simcoe County Branch, Barrie - 15 Bradford St, Housing Support	Barrie	705-726-5033			<a href="http://www.cmhastartalking.ca">www.cmhastartalking.ca</a>	Mon-Fri 9 am-5 pm
Canadian Mental Health Association, Simcoe County Branch, Barrie - 15 Bradford St, RSVP Clubhouse	Barrie	705-726-5033			<a href="http://www.cmhastartalking.ca">www.cmhastartalking.ca</a>	Mon, Fri 11 am-3 pm, Tue, Thu 9:30 am-6:30 pm
Canadian Mental Health Association, Simcoe County Branch, Barrie - 21 Bradford St, Assertive Community Treatment Team	Barrie	705-726-5033		705-728-5044 or 1-888-893-8333 (TTY services available)	<a href="http://www.cmhastartalking.ca">www.cmhastartalking.ca</a>	Office: Mon-Sun 9 am-5 pm * Crisis services: Mon-Sun 24 hours
Canadian Mental Health Association, Simcoe County Branch, Collingwood - 186 Erie St - Suite 101, Assertive Community Treatment Team	Collingwood	Barrie Office: 705-726-5033 * referrals made through Barrie office		705-728-5044 or 1-888-893-8333 (TTY services available)	<a href="http://www.cmhastartalking.ca">www.cmhastartalking.ca</a>	Barrie Office: Mon-Sun 9 am-5 pm * Crisis services: Mon-Sun 24 hours
Canadian Mental Health Association, Simcoe County Branch, Collingwood - 186 Erie St - Suite 101, Collingwood Satellite Office	Collingwood	Collingwood Office 705-444-2558 (no secretarial services, leave message on machine and counsellor will return call) Barrie Office: 705-726-5033	705-445-1658		<a href="http://www.cmhastartalking.ca">www.cmhastartalking.ca</a>	Mon-Fri 9 am-5 pm
Canadian Mental Health Association, Simcoe County Branch, Midland, Midland Satellite Office	Midland	Midland Office: 705-526-0393 (no secretarial service, leave message on answering machine and counsellor will return call) * dial ext 405 for Youth Counsellor Barrie Office: 705-726-5033			<a href="http://www.cmhastartalking.ca">www.cmhastartalking.ca</a>	Mon-Fri 9 am-5 pm
Canadian Mental Health Association, Simcoe County Branch, Midland, Midland Youth Project	Midland	705-526-0393		705-728-5044	<a href="http://www.cmhastartalking.ca/">www.cmhastartalking.ca/</a>	Mon-Fri 9 am-5 pm * call for times and locations of educational
Canadian Mental Health Association, Simcoe County Branch, Online/Web Service, Human Services Justice System Program	Barrie	705-733-2113			<a href="http://www.cmhastartalking.ca">www.cmhastartalking.ca</a>	Mon-Fri 9 am-5 pm
Canadian Mental Health Association, Simcoe County Branch, Orillia - 50 Nottawasaga St, Orillia Satellite Office	Orillia	705-325-4499 * Barrie Office: 705-726-5033			<a href="http://www.cmhastartalking.ca">www.cmhastartalking.ca</a>	Office: Mon-Fri 9 am-5 pm
Canadian Mental Health Association, Simcoe County Branch, CARAH House Crisis Services - Mental Health Crisis Line	Barrie			705-728-5044 24 hr	<a href="http://www.cmhastartalking.ca">www.cmhastartalking.ca</a>	Mon-Sun 24 hours
Canadian Mental Health Association, Simcoe County Branch, Unpublished/Mobile, CARAH House Crisis Services - Mobile Crisis Services	Barrie	705-728-5044 24 hrs a day		705-728-5044	<a href="http://www.cmhastartalking.ca">www.cmhastartalking.ca</a>	Mon-Sun 10 am-10 pm

Canadian Mental Health Association, Simcoe County Branch, CARAH House Crisis Services - Residential Crisis Beds	Barrie	705-728-5044			www.cmhastartalking.ca	Admissions after assessment which is provided in the community by mental health crisis workers between the hours of 11am and 11pm * Police Services can access after hours
Catholic Family Services of Simcoe County, Barrie - Anne St	Barrie	705-726-2503			www.cfssc.ca	Mon 9 am-5 pm, Tue-Thu 9 am-8 pm, Fri 9 am-5 pm (office closed from 12 noon-1 pm)
Catholic Family Services of Simcoe County, Barrie - Anne St, Walk-in Counselling Clinic	Barrie	705-726-2503			www.cfssc.ca	Barrie Walk-In Clinic: Wed 12 noon-7 pm * Thu 12 noon-7 pm - closed 4:30 pm-5:30 pm both days
Catholic Family Services of Simcoe County, Collingwood Satellite Office, Walk-in Counselling Clinic	Collingwood	705-726-2503			www.cfssc.ca	Fri 9:30 am-3:30 pm
Catholic Family Services of Simcoe County, Midland Satellite Office, Walk-in Counselling Clinic	Midland	705-726-2503			www.cfssc.ca	Tue 10:30 am-4:30 pm
Catholic Family Services of Simcoe County, Orillia Satellite Office, Walk-in Counselling Clinic	Orillia	705-726-2503			www.cfssc.ca	Mon 9:30 am-3:30 pm
Collingwood General and Marine Hospital, Outpatient Mental Health Services	Collingwood	705-444-6600			www.cgmh.on.ca	Office Mon-Fri 8 am-4 pm Hospital support 8 am-8 pm
Collingwood General and Marine Hospital, Wasaga Beach Satellite Office, Outpatient Mental Health Services	Wasaga Beach	705-444-6600			www.cgmh.on.ca	By appointment
Enaahitig Healing Lodge and Learning Centre	Victoria Harbour	705-534-3724			www.enaahitig.ca	Mon-Fri 9 am-5 pm
Enaahitig Healing Lodge and Learning Centre, Orillia Location, Outreach Mental Health Team	Orillia	705-330-4059			www.enaahitig.ca	Mon-Fri 9 am-5 pm
Family First Play Therapy Centre	Bradford	905-775-1620			www.familyfirstplaytherapy.ca	Mon-Fri 9 am-5 pm
Georgian Bay Native Friendship Centre, Akwe:go Urban Aboriginal Children's Program	Midland	705-526-5589			www.gbnfc.com/akwego	Office Mon-Thu 8:30 am-4:30 pm, Fri 8:30 am-4 pm
Kids Help Phone	Toronto Downtown Central	Administration 416-586-5437		1-800-668-6868	www.kidshelpphone.ca	Telephone Counselling -- Mon-Sun 24 hours * Live Chat Counselling (English) -- Wed-Sun 6 pm-2 am * Live Chat Counselling (French) -- Thu-Mon 6 pm-2 am
Kinark Child and Family Services, Simcoe County Region - Barrie Office	Barrie	Administration 705-726-8861 * Central intake 1-888-454-6275			www.kinark.on.ca	Office: Mon-Thu 8:30 am-8 pm, Fri 8:30 am-5 pm
Kinark Child and Family Services, Simcoe County Region - Barrie Office, Family, Individual, and Group Counselling	Barrie	Administration 705-726-8861 * Central Intake 1-888-454-6275			www.kinark.on.ca	Office: Mon-Thu 8:30 am-8 pm, Fri 8:30 am-5 pm
Kinark Child and Family Services, Simcoe County Region - Barrie Office, Youth Crisis Response Services Simcoe County	Barrie			Mental Health Crisis Line 705-728-5044	www.kinark.on.ca	Office: Mon-Fri 9 am-7 pm * Sat, Sun 9 am-5 pm * no service on Statutory holidays * Mental Health Crisis Line: Mon-Sun 24 hours
Kinark Child and Family Services, Simcoe County Region - Midland Office, Family, Individual, and Group Counselling	Midland	705-526-3708			www.kinark.on.ca	Tue-Wed 11 am-7 pm, Fri 9 am-5 pm
Kinark Child and Family Services, Simcoe County Region - Midland Office	Midland	705-526-3708			www.kinark.on.ca	Tue-Wed 11 am-7 pm, Fri 9 am-5 pm
Krasman Centre	Alliston	705-435-0054 ext 139			www.krasmancentre.com	Mon, Tue, Thu, Fri 11 pm-4 pm, Wed 1 pm-4 pm
Lesbian Gay Bi Trans Youth Line	Toronto Downtown Central	416-962-2232	416-962-9688 ; Outside 416 area 1-800-268-9688	416-962-9688 ; Outside 416 area 1-800-268-9688 ; Text Messaging 647-694-4275	www.youthline.ca	Mon-Fri, Sun 4 pm-9:30 pm
New Path Youth and Family Services of Simcoe County, Barrie Head Office	Barrie	Central Intake 705-725-7656 * Administration 705-733-2654			www.newpath.ca	Office Mon-Fri 8:30 am-4:30 pm * Central Intake Mon-Fri 8:30 am-4:30 pm, some evening hours
New Path Youth and Family Services of Simcoe County, Alliston - Wellington St W, Child and Youth Mental Health Walk-in Clinic	Alliston	Alliston Office: 705-434-0477 * Central Intake and Information 705-725-7656			www.newpath.ca	Thu 8:30 am-4:30 pm * last appointment of the day is 3 pm
New Path Youth and Family Services of Simcoe County, Alliston - Wellington St W, Youth and Family Counselling Services	Alliston	Alliston Office: 705-434-0477 * Central Intake and Information 705-725-7656			www.newpath.ca	Office: Mon-Fri 8:30 am-4:30 pm * evening appointments available Central intake: Mon-Fri 8:30 am-4:30 pm and some evenings to 6:30 pm Walk-in Clinic Hours Thu 8:30 am-4:30 pm
New Path Youth and Family Services of Simcoe County, Barrie Head Office, Adolescent Outreach Program	Barrie	Central Intake and Information 705-725-7656			www.newpath.ca	Office: Mon-Fri 8:30 am-4:30 pm * evening appointments available
New Path Youth and Family Services of Simcoe County, Barrie Head Office, Child and Youth Mental Health Walk-in Clinic	Barrie	Central Intake 705-725-7656 * Administration 705-733-2654			www.newpath.ca	Wed, Thu 8:30 am-7 pm * last appointment of the day is 5:30pm
New Path Youth and Family Services of Simcoe County, Barrie Head Office, Youth and Family Counselling Services	Barrie	705-733-2654 * Central Intake and Information 705-725-7656			www.newpath.ca	Office: Mon-Fri 8:30 am-4:30 pm * evening appointments available Central intake: Mon-Fri 8:30 am-4:30 pm and some evenings to 6:30 pm Walk-in Clinic Hours: Wed-Thu 11 am-7 pm
New Path Youth and Family Services of Simcoe County, Bradford Office, Child and Youth Mental Health Walk-in Clinic	Bradford	Bradford Office 705-458-4338 * Central intake and information 705-725-7656			www.newpath.ca	Mon 11 am-7 pm * last appointment of the day is 5:30pm
New Path Youth and Family Services of Simcoe County, Bradford Office, Youth and Family Counselling Services	Bradford	Bradford office : 705-458-4338 * Central intake and information 705-725-7656			www.newpath.ca	Office: Mon-Fri 8:30 am-4:30 pm * evening appointments available Central intake: Mon-Fri 8:30 am-4:30 pm Walk-in Clinic Hours: Mon 11 am-7 pm
New Path Youth and Family Services of Simcoe County, Collingwood Office, Child and Youth Mental Health Walk-in Clinic	Collingwood	Collingwood Office: 705-445-4181 * Central Intake 705-725-7656			www.newpath.ca	Wed 11 am-7 pm * last appointment of the day is 5:30pm
New Path Youth and Family Services of Simcoe County, Collingwood Office, Youth and Family Counselling Services	Collingwood	Collingwood Office: 705-445-4181 * Central Intake 705-725-7656			www.newpath.ca	Office: Mon-Fri 8:30 am-4:30 pm * evening appointments available Central intake: Mon-Fri 8:30 am-4:30 pm Walk-in Clinic Hours: Wed 11 am-7 pm
New Path Youth and Family Services of Simcoe County, Cookstown Office, Residential Services	Cookstown	705-458-4338 * Central Intake and Information 705-725-7656			www.newpath.ca	Mon-Fri 8:30 am-4:30 pm, evening appointments available * central intake Mon-Fri 8:30 am-4:30 pm
New Path Youth and Family Services of Simcoe County, Midland - King St, Child and Youth Mental Health Walk-in Clinic	Midland	Central Intake and Information 705-725-7656			www.newpath.ca	Tue 10:30 am-4:30 pm * last appointment of the day is 3 pm
New Path Youth and Family Services of Simcoe County, Orillia Office, Child and Youth Mental Health Walk-in Clinic	Orillia	Orillia Office: 705-329-6161 * Central Intake and Information 705-725-7656			www.newpath.ca	Wed 11 am-7 pm * last appointment of the day is 5:30pm

New Path Youth and Family Services of Simcoe County, Orillia Office, Youth and Family Counselling Services	Orillia	Orillia Office: 705-325-6161 * Central Intake and Information 705-725-7656			www.newpath.ca	Office: Mon-Fri 8:30 am-4:30 pm * evening appointments available <b>Central intake:</b> Mon-Fri 8:30 am-4:30 pm  <b>Walk-in Clinic Hours:</b> Wed 11 am-7 pm
Orillia Soldiers' Memorial Hospital, Orillia - Colborne St, Pediatric Eating Disorder Program	Orillia	705-325-2201 ext 3558			www.osmh.on.ca	Mon-Fri 8 am-4 pm
Orillia Soldiers' Memorial Hospital, Orillia - Mississaga St - Eleanor Johnson Wing, Community Mental Health Service	Orillia	705-327-9122		County-Wide Crisis Service, Mon-Sun 24 hours: 705-728-5044		Office: Mon-Fri 8 am-4 pm Crisis Service for Walk-Ins at Emergency Department: Mon-Fri 8 am-8 pm, Sat * Sun 8 am-6 pm Crisis service phone: Mon-Sun 24 hours
Palmer Home, Community Support Housing	Richmond Hill	905-770-1372			www.cedarheights.ca	Mon-Sun 24 hours
Parents for Children's Mental Health, Simcoe County Chapter	Barrie				www.pcmh.ca/SimcoeCounty	Meetings: third Tue of the month 6 pm-8 pm
Pine River Institute	Shelburne	Head Office 416-955-1453			www.pineriverinstitute.com	Mon-Sun 24 hours
Royal Victoria Regional Health Centre, Barrie - 201 Georgian Dr - 3rd Floor, Mental Health and Addiction - Community Treatment Order Coordination Service	Barrie	705-728-9090 Ext 24324			www.rvh.on.ca	Office Mon-Fri 7:00 am-4:00 pm
Royal Victoria Regional Health Centre, Barrie - 201 Georgian Dr - 3rd Floor, Mental Health and Addiction - Medication Clinic	Barrie	705-728-9090 Ext 47210			www.rvh.on.ca	Mon-Fri 9 am-4:30 pm
Royal Victoria Regional Health Centre, Barrie - 201 Georgian Dr - 3rd Floor, Mental Health and Addiction - Outpatient Mental Health	Barrie	705-728-9090 Ext 47210 * 705-728-9802 Ext 47210		705-728-5044	www.rvh.on.ca	Mon-Fri 9 am-4 pm
Royal Victoria Regional Health Centre, Barrie - 201 Georgian Dr, Child and Youth Treatment Clinics	Barrie	705-797-2395 * 705-728-9090, Ext 47463			www.rvh.on.ca	Mon-Fri 8 am-4 pm
Royal Victoria Regional Health Centre, Barrie - 201 Georgian Dr, Simcoe County Eating Disorder Service	Barrie	705-728-9090, Ext 47128			www.rvh.on.ca	Mon-Fri 8 am-4 pm
Royal Victoria Regional Health Centre, RVH - 201 Georgian Dr - Mental Health Suite, Emergency Department, Mental Health and Addiction - Crisis Intervention Services	Barrie	705-728-9090 ext 47274			www.rvh.on.ca	Mon-Fri 7 am-11 pm, Sat-Sun and Holidays 10 am-10 pm
Royal Victoria Regional Health Centre, South Georgian Bay Community Health Centre, Simcoe County Eating Disorder Service	Collingwood	Royal Victoria Health Centre 705-728-9090, Ext 47128			www.rvh.on.ca	Mon-Fri 8 am-4 pm
Salvation Army, Midland, Street Outreach	Midland					Irregular, call coordinator for information
Salvation Army (The), Collingwood, Community and Family Services	Collingwood	705-445-9222			salvationarmycollingwood.ca	Mon-Thu 9 am-4 pm * Fri 9 am-12 noon
SickKids Centre for Community Mental Health, Blue Mountains, Farm Program	Blue Mountains	519-599-3020			www.sickkidscmh.ca	Office: Mon-Fri 8:30 am-4:30 pm
Simcoe Muskoka Regional Acute Mental Health and Addiction Service	Simcoe County	Canadian Mental Health Association Simcoe County, Crisis 705-444-1844	TTY Services are available	705-728-5044		Vary
Simcoe Peer Support for Mental Health and Addictions, Collingwood	Collingwood	705-444-1844			www.mentalhealthandaddictions.com	Mon-Fri 8:30 am-3 pm
Stevenson Memorial Hospital, Mary McGill Community Mental Health Program	Alliston	705-434-5140		705-434-5140 ext 5152 * from 9 am-7 pm 1-888-893-8333 * 24 hours * may not work from all areas  705-728-5044 or 705-310-2673 (705-310-COPE)	www.stevensonhospital.ca	Business Hours: Mon-Sun 9 am-5 pm  Quick Response: Mon-Sun 9 am-7 pm * Statutory holidays on an on-call basis
Teen Legal Helpline	Toronto Downtown West				www.teenlegalhelpline.org	Mon-Sun 24 hours
Telecare Distress Line of Greater Simcoe, Orillia	Orillia	Business office 705-327-2383 * AA information Line 705-725-8682		705-325-9534 Orillia; 705-726-7922 Barrie	www.telecaredistressline.com	Distress: Mon-Sun 24 hours
Telecare Distress Line of Greater Simcoe, Orillia, Reassurance Call Program	Orillia	Administration office 705-327-2383 * AA information Line 705-725-8682		705-325-9534 Orillia * 705-726-7922 Barrie	www.telecaredistressline.com	Telephone reassurance calls: Mon-Sun 9 am-9 pm
Waypoint Centre for Mental Health Care, Penetanguishene - 500 Church St - Atrium Bldg	Penetanguishene	Patient referrals please contact Central Intake: 705-549-3181 ext 2308  Media and Public Inquiries: ext 2214			www.waypointcentre.ca	Mon-Sun 24 hours
Waypoint Centre for Mental Health Care, Penetanguishene - 500 Church St - Toanche Bldg, Georgianwood Program for Concurrent Disorders	Penetanguishene	705-549-3181			www.waypointcentre.ca	Office: Mon-Fri 8 am-4 pm
YMCA of Simcoe/Muskoka, Barrie - High St, Youth Outreach Programs - Community Outreach and Support Program	Barrie	705-726-5572			www.ymcaofsimcoemuskoka.ca	Mon-Fri 8:30 am-4:30 pm
YMCA of Simcoe/Muskoka, Barrie - High St, Youth Outreach Programs - Youth Counselling and Support Services	Barrie	705-726-5572			www.ymcaofsimcoemuskoka.ca	Mon-Fri 8:30 am-4:30 pm
YMCA of Simcoe/Muskoka, Barrie - High St, Youth Services	Barrie	705-726-5572			www.ymcaofsimcoemuskoka.ca	Vary
Youth Haven, Barrie	Barrie	705-739-7616 * accept collect calls			www.youthhaven.ca	Shelter: Mon-Sun 24 hours * Office: Mon-Fri 8 am-4 pm * Health Care Clinic: Thu 9 am-12 noon